

# Selden Hills Warriors Business Directory

*The goal is for warriors to support warriors and do business with someone you know you can count on!  
Have services? There's a category for you (and if there's not, we'll make one!)*

**If you are a member of the Selden Hills Warriors running group, please contact Lou or Michelle to have your information added or edited.**

<b>Name and Company Name</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>ACCOUNTANT/TAX PREPARER</b>			
Julia Hegner, AFSP, RTRP	516-835-9135	juliahegner@outlook.com	
Jennifer Love	516-658-5653	jennifer.love0729@gmail.com	<a href="http://www.linkedin.com/in/jenniferlove1">www.linkedin.com/in/jenniferlove1</a>
<b>ATTORNEY/LEGAL</b>			
Patricia Daugherty (No-fault insurance collecti	516.783.6565.ext 101	pdaugherty@gabrielshapiro.com	<a href="http://www.gabrielshapiro.com">www.gabrielshapiro.com</a>
<b>AUTO SALES/REPAIR</b>			
Scott Robertson			<a href="http://Www.scottytire.com">Www.scottytire.com</a>

Selden Hills Warriors Business Directory - Sheet1

<b>BANDS/DJ/ MUSICAL ENT.</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Jeanette Velsmid - Tradewinds (11 piece party	516-884-4632	jlvvelsmid@gmail.com	<a href="http://www.tradewindstheband.com">www.tradewindstheband.com</a>
<b>BUILDERS/CONTRACTORS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>CANDY/ CONFECTIONERS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Joanne Styles - Ralph Rottens Candy & Nut S	631-981-3051	ralphrottensnuts@aol.com	<a href="http://thecandyshop.com">thecandyshop.com</a>
<b>CARPETS/FLOORING</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>CATERING/WAITSTAFF</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Golden Touch Waitstaff- Ann Marie Salica	631-495-4489	asalica1972@gmail.com	
Karen Audia- Relax and enjoy your party!	631-697-9665	kaudia2115@gmail.com	
<b>CHILD CARE</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>

<b>CHIROPRACTORS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
The Chiropractic Joint Dr. Richard Nebiosini	(631) 752-4000	drnebi@msn.com	<a href="http://chiropractorlongisland-joint.com">chiropractorlongisland-joint.com</a>
<b>COMPUTERS/NETWORKING</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Dominick LoGiudice	631-838-1738	Dominick.logiudice@gmail.com	
<b>COUNSELORS/PSYCHOLOGISTS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Debbie Ramirez, Ph.D., Clinical Psychologist	(516) 680-2487	Debbieramirezphd@gmail.com	<a href="http://www.deborahramirez.com">www.deborahramirez.com</a>
Maureen Vollaro, LCSW-R Licsensed Clinical	631 742 8729 (Miller Place and	mvollaro@restbiservices.com	<a href="http://www.maureenvollaro.blogspot.co">www.maureenvollaro.blogspot.co</a> <a href="https://www.facebook.com/Maureen-1">https://www.facebook.com/Maureen-1</a>
Sarah Thompsen, LMHC South Shore Mental	631-579-3503	sarahthompsen@gmail.com	<a href="http://www.southshoremhc.com/">http://www.southshoremhc.com/</a>
Karen Audia, LCSW-R Licensed Clinical Socia	631-697-9665 (Sayville)	kaudialcsw@hotmail.com	
<b>DENTISTS/ ORTHODONTIST</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Adelberg & Montalvan Pediatric Dental & Orth	631-360-7337		<a href="http://adelbergpediatricdental.com">adelbergpediatricdental.com</a>
<b>DRIVEWAY PAVING</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>

<b>ELECTRICAL</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>ENTERTAINMENT/ PARTY SERVICES</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Let's Party Artsy- Paint Parties, Birthdays, Fun	631-281-4494	letspartyartsy@gmail.com	<a href="http://letspartyartsy.com">letspartyartsy.com</a> <a href="https://www.facebook.com/profile">https://www.facebook.com/profile</a>
<b>FENCING</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>FINANCE</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Benjamin Securities, Inc.- Bill Baker	516-931-1090	wbaker@benjaminsecurities.com	<a href="http://www.benjaminsecurities.com">www.benjaminsecurities.com</a>
<b>GYMS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Semper Strong - Katy Rice Forman	516.523.6217	katy@semperstrong.com	<a href="http://semperstrong.com">semperstrong.com</a>
<b>HAIR STYLISTS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>

<b>HANDYMAN SERVICES</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>HEALTH AND BEAUTY</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Bea Kittiratanaporn - Young Living Essential C	631-617-3737	Nkittira@yahoo.com	<a href="https://www.youngliving.com/en_L">https://www.youngliving.com/en_L</a>
Katy Pettit-Herbalife Nutrition	631-457-3480	upsmanswife@gmail.com	<a href="https://www.goherbalife.com/kathl">https://www.goherbalife.com/kathl</a>
John Greene- Nitrilite vitamins & supplements	John Greene: 731-703-1223 /Di	di3359@yahoo.com	<a href="http://www.amway.com/greenefamily">www.amway.com/greenefamily</a>
<b>HOUSE CLEANING SERVICES</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>HVAC</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>INSURANCE</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>

Selden Hills Warriors Business Directory - Sheet1

<b>INTERIOR DECORATING</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>JEWELERS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>LANDSCAPING</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>LOCAL GOVERNMENT</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Jaime Pita, MS-NYS Office of Mental Health	631-761-2508	jaime.pita@omh.ny.gov	<a href="http://www.omh.ny.gov">www.omh.ny.gov</a>
<b>MASSAGE THERAPISTS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Michele Kelly Essential Bodywork Massage T	631-475-9730		
Maria Velez, LMT	631-682-0484	mvelez29@aol.com	
Mary Chavez. Liquid blu Rejuvenation Ctr	631-813-3786		

Selden Hills Warriors Business Directory - Sheet1

Victoria Gianninoto- Peace, Love, Reiki @ Function	631-730-8300		<a href="http://www.functionalmassage.us">www.functionalmassage.us</a>
<b>MISCELLANEOUS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Blue Eye Search LLC - Recruiting/Job Search	631-835-3766	theresa@blueeyesearch.com	
SendOutCards - Maria Parrish	631-235-1752	mlparrish914@gmail.com	<a href="http://new.sendoutcards.com/mariaparr">new.sendoutcards.com/mariaparr</a>
Pilar Stevens Beautiful Birth Doula Service	631-698-4074	pstevens@noreasttech.com	
<b>NURSES/ HOME HEALTH AIDES</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Bea Kittiratanaporn - Registered Nurse	631-617-3737	Nkittira@yahoo.com	
<b>ORTHOPEDISTS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>PAINTING CONTRACTORS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>PERSONAL TRAINING/COACHING</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Karen Audia- Herbalife Nutrition Coach	631-697-9665	kaudiaherbalife@gmail.com	<a href="http://www.goherbalife.com/kaudia">http://www.goherbalife.com/kaudia</a>
Johnny Graziano - Beachbody Coach	(631)335-2035	Johnny.Graziano@gmail.com	<a href="http://www.pjohnnyx.com">www.pjohnnyx.com</a>
Katy Pettit-Herbalife Nutrition Coach	631-457-3480	upsmanswife@gmail.com	<a href="http://www.goherbalife.com/kathle">http://www.goherbalife.com/kathle</a>
Angela Ritieni, Running Analyst USA Track and Field Coach ACSM Certified Exercise Physiologist.	516-770-8656	Fitgalaxy@aol.com	<a href="http://inspireny2.weebly.com">inspireny2.weebly.com</a>

Selden Hills Warriors Business Directory - Sheet1

Amanda Mills, -Isagenix (Weight Loss; Athletic	516-317-2150	amandamillslifestyles@gmail.com	<a href="http://www.amandamillslifestyles.com">www.amandamillslifestyles.com</a> <a href="http://AmandaMills2.isagenix.com">http://AmandaMills2.isagenix.com</a>
<b>PHOTOGRAPHY</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>PHYSICAL THERAPISTS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Angela Ritieni, PT, DPT Doctor of Physical Ther	516-770-8656	Fitgalaxy@aol.com	<a href="http://inspireny2.weebly.com">inspireny2.weebly.com</a>
Rich Sartori, MD/FAAP Garden City Assoc	516-222-0893	dochoc55@aol.com	
<b>PHYSICIANS/SURGEONS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>PLUMBING</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>PODIATRISTS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>



Selden Hills Warriors Business Directory - Sheet1

<b>POWER WASHING</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Premium Power Washing, Carl Lorenz	516 718 WASH	Carl@premiumPW.com	
<b>PRINTING/SCREENING SERVICES</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>REAL ESTATE</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
DOUGLAS, PAYTON & COMPANY/AMOS BF	(516) 829-7400/cell (516) 972-	abrotter@gmail.com	
<b>RENTAL EQUIPMENT</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>RESTAURANT/BAR/BREWERY</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Destination Unknown Beer Company (Brad Fir	<a href="tel:6314852232">(631) 485-2232</a>		<a href="https://www.facebook.com/dubee">https://www.facebook.com/dubee</a>

<b>ROOFING</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>SNOW REMOVAL</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>SOLAR ENERGY</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
SunPower By EmPower Solar (Corey Roberts)	516-234-9395	croberts@EmPower-Solar.com	<a href="http://www.empower-solar.com/w/">http://www.empower-solar.com/w/</a>
<b>SPEECH AND LANGUAGE SPECIALISTS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Lindsay LaFleur	631-495-3834	slprunner87@aol.com	
<b>SPRINKLER SYSTEMS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>

<b>SWIMMING POOLS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Olga's above ground Swimming Pool Liner ins	631 901-5402	Olgagreene@hotmail.com	
<b>TEACHERS/ TUTORING</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Nancy Yost (high school math tutoring)	516-510-3546	nancyyost@verizon.net	
<b>THEATRE AND PERFORMING ARTS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>TRAVEL</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>VETERINARY/ PET CARE</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>WEBSITE DESIGN</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>

<b>WINDOW/DOOR INSTALLATION</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>WOODWORKING CONTRACTORS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
<b>YOGA INSTRUCTORS</b>	<b>Phone Number</b>	<b>Email</b>	<b>Website</b>
Bea Kittiratanaporn - 200hour YTT (private les	631-617-3737	Nkittira@yahoo.com	